

HCHA HORIZONS

Collaboration and Commitment Bring CT Services to HCHA



Relatives of Duaine and Lila Coy are presented with a plaque naming the CT room after the Coys. Pictured are: Omer Ness, Luther Eidem, Vernard Van Erdewyk, LeRoi Van Erdewyk and Jeff Gollaher, HCHA Administrator.

The collaboration and commitment between the physicians of the Hendricks Clinic and the Hendricks Community Hospital Association plus the generous donation from the Coy family have made it possible for this community to have on-site computed tomography (CT) services. The request of Duaine and Lila Coy was to use their \$210,000 gift to “enhance our healthcare services”. This request was more than met with the grand opening of the CT room at the Hendricks Community Hospital in September.

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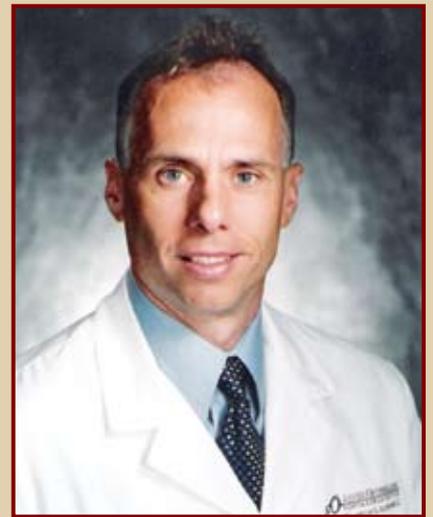
In Their Own Words . . .

Paul and Lois Erschens

Paul Erschens and his wife Lois live on a farm about 10 miles south of Hendricks. Paul was the very first patient to have surgery in the new OR at Hendricks Community Hospital. Then in June of this year, Paul had hip surgery and on August 29th he had shoulder surgery. Dr Kalo performed both of these surgeries. "Dr. Kalo is a great physician. It is really nice to be able to have diagnostic tests such as MRIs and x-rays and also follow-up appointments with Dr. Kalo available right here in Hendricks. My wife and I know so many people at the facility and everyone is so good to us," Paul stated. "Dr. Parr and Dr. McCluskey were great when it came to referring me on to Dr. Kalo. I am a repeat customer to this facility and to Dr. Kalo and I have been very pleased with the service and care I have received." Paul said. "It is wonderful to be able to have the follow-up physical therapy right here on campus too. The staff of Big Stone Therapies has been excellent to work with and I have made real progress with my shoulder." "We are very fortunate to have this first rate facility and access to great care so close at hand."



Dr. Jeffery Kalo



Dr. Kalo earned his undergraduate degree from Michigan State University and his Doctorate Degree from Kirksville College of Osteopathic Medicine. He did his internship at Lansing General Hospital in Lansing, Michigan and his Orthopaedic Residency at Michigan State University. Dr. Kalo is board certified with the American Osteopathic Board of Orthopedic Surgery. Dr. Kalo has a special interest and qualification in shoulder and knee arthroscopy, articular cartilage repair, sports medicine and total joint replacement.

Call HCHA at 1-507-275-3134 to make an appointment.

Our Mission

Hendricks Community Hospital Associates strives to provide the highest quality health and residential care in a Christian caring environment.

Our Vision

The Hendricks Community Hospital Association dedicates itself to becoming the healthcare provider of choice. Through the development of our staff, we are committed to being proactive in providing high quality and cost effective health care service.

HCHA Earns Minnesota Hospital Association's Patient Safety Excellence Award

The Patient Safety Excellence Award indicates Hendricks Community Hospital Association has implemented more than 90 percent of the suggested best practices in its fall safety program.

HCHA is actively taking a new approach to preventing falls while a patient is in the hospital. Whether they are here as an inpatient or receiving outpatient services their safety is important to us.

The admitting staff person will do a quick assessment to find which level of risk the patient is at for falling. The goal throughout the patient's stay is to keep them safe from falls as they travel from different departments, such as X-ray, lab, cardiac rehab, or therapies. The pa-

tient's identification bracelet will have a sticker indicating the level of fall risk. If the patient stays overnight, they will have a blanket across the foot of their bed showing by color the degree of risk. Another indicator of the patient's fall risk is a colored star on the doorframe of their hospital room. Red indicates a patient is at high risk for a fall, yellow a medium risk, and green a low risk. The blanket may go along with the patient as they travel to other departments for a

quick visual prompt to staff. The risk level may change at any given time due to a broad range of circumstances such as certain medications, weakness, adaptive equipment, and many other factors.

Patients will also receive a packet of reminders for best practices at home to continue to be safe from falls. If a patient chooses to have Home Health, the home care nurses will also look for fall hazards in the home and suggest ways of staying safe.



Carol Simons, RN, checking safety monitors on her patient, Arletta Bultinek.



Lola Hindbjorgen and Julie Nelson, two members of the Patient Safety Committee.

Patient Safety/Fall Prevention Coming to Hendricks Nursing Home

The implementation of the patient safety program is well underway at the Hendricks Nursing Home. The nursing home is in the process of reassessing every resident for their individual fall risk and the follow-through of the correct interventions for the nursing home setting. All of the nursing home room doors will have magnets indicating the resident's fall risk. The same

color codes as the hospital's will be used with red for high risk of a fall, yellow for medium risk and green for a low risk. The color codes will also be seen on the resident's bed, wheelchairs and walkers. "The goal of the Hendricks Nursing Home's patient safety program is to eliminate falls or, if someone should fall, prevent injuries from the fall," states Kara Schoenfeld, RN, DON.



Naree Hasert, CNA, member of the Patient Safety Committee, Kara Schoenfeld, RN, DON, and Jennie Simon, RN, Care Coordinator.

Big Stone Therapies Celebrating One Year at HCHA!

Big Stone Therapies began providing services in Hendricks in the summer of 2007. A permanent contract began later that year in September between Hendricks Community Hospital and Big Stone Therapies, Inc. To celebrate the first year in business and National Physical Therapy Month, Big Stone Therapies in Hendricks held an open house on October 21.

Big Stone Therapies treats a wide variety of people from birth to the elderly in all settings including hospital, nursing home, home health and outpatient.

Currently there are nine local people working to provide care to the Hendricks community and surrounding area. Included in this group are two physical therapists, two physical therapist assistants, one occupational therapist, one occupational therapy assistant, an athletic trainer, a secretary and a student helper. The physical therapy and occupational therapy staff have a combined total of 38 years of experience.

Our most recent additions to the Hendricks team are the athletic trainer for Lincoln HI School, providing services in the school two days per week and coverage of home football games. The other recent addition is our student helper.



Back Row: Laura Crooks, COTA; Regina Landrus, PT; Maryanne Engesmoe, Secretary. Front Row: Lynn Simon, PT; Jessica Swedzinski, ATC; Jackie Lacek, PTA; Jonelda Wipf, PTA. Not Pictured: Amanda Beranek, OTR/L

er recent addition is our student helper.

Big Stone Therapies provides its therapists with additional training in manual therapy, Strain-Counterstrain through the Jones Institute and classes from the Ola Grimsby Institute. Furthering education is a fundamental way to provide “rock solid rehab”.

Big Stone Therapies, Inc. is dedicated

to providing excellence in rehabilitation services by optimizing health and function for families and businesses within their communities through caring, hands-on healing. For more information about Big Stone Therapies, Inc. visit their website at www.rocksolidrehab.com.



Jonelda Wipf, PTA, working with nursing home resident, Jean Lovro.



Amanda Beranek, OT, and nursing home resident Jennie Swisher. Amanda is working on making sure Jennie's wheelchair fits her properly and instructing her on best techniques to propel her wheelchair.

The Dr. LeRoy Mueller Scholarship Fund



Dr LeRoy Mueller

The first available scholarship funding was for the period of June 1, 2007 through May 31, 2008.

Last year, the Dr. LeRoy Mueller Scholarship Fund was established by the Governing Board of Directors of the Hendricks Community Hospital Association (HCHA) in honor of Dr. Mueller.

There were four scholarships awarded based on the criteria set forth by the governing board. Those eligible include current HCHA employees who wish to further their education and high school students who are intending to become involved in the health care industry. The goal of this scholarship is to increase the pool of qualified applicants in the health care field and encourage individuals to consider returning to this area to live and work. The trend in the United States has been an increasing shortage of health care personnel and as such it is becoming more and more difficult to

recruit qualified individuals.

As the second round of scholarships are to be announced, the Horizon Newsletter visited with a couple of last year's recipients. Both Jessica and Shannon would like to thank the governing board for supporting them in their educational endeavors and for having the foresight to focus on the growing demand for qualified personnel in the health care industry. If anyone is interested in investing in the future of our community and our facility please consider making a contribution to the Dr. LeRoy Mueller Scholarship Fund.

Jessica Buchholz

Jessica is the daughter of Mike and Julie Buchholz. She is attending the University of MN, majoring in Sociology with a social justice minor. She wants to continue her education and obtain her masters degree in public policy and social work. With this degree, Jessica wants to help people by "creating policies that will positively affect people". Jessica will be working this fall as a community development coordinator at her resident hall. Her job will include helping new residents feel welcome, creating a sense of community with the hall, and sitting on the community council board. Jessica volunteered to be a panelist at Good Shepherd Hospice's Living With Grief conference. She was a guest speaker and was able to provide insight into children's grief, incorporating her own experiences with her education.



Jessica Buchholz volunteered to be a guest speaker at the Good Shepherd Hospice's Childrens Grief Seminar.

Shannon VanOverbeke

Shannon is the daughter of Greg and Shirley VanOverbeke of Ivanhoe. Shannon has always had a passion for caring for people. In 2002, she became an aide at the Ivanhoe Nursing Home and in 2006, started working as an aide in the Hendricks Hospital. She graduated in May from MN West in Pipestone with her LPN degree. Shannon has elected to complete her RN degree at MN West and will graduate next spring. She will continue to work at the Hendricks Hospital during the school year. She was very appreciative and honored to have received the Dr. LeRoy Mueller Scholarship. "The money really helped. I didn't have to work quite so much and could concentrate more on my studies." Shannon has not made any concrete plans for after graduation and may continue to work as a registered nurse at the Hendricks Hospital. For right now, she is focusing on getting through the next year. Good luck, Shannon!



Shannon VanOverbeke, LPN, taking Hazel Twedt's blood pressure.

Hope, Dignity and Love... It Must Be Hospice

Hospice is Finding Hope within each day, Dignity to live as fully as possible, surrounded by Love up to the final moment.

November is National Hospice/Palliative Care Month - a time when Good Shepherd Hospice along with other care providers across the country are working to educate people about high quality end-of-life care.

Last year, Good Shepherd Hospice provided care to twenty-nine patients and their families. Hospice is more than traditional healthcare; hospice provides pain management, symptom control, psychosocial support, and spiritual care

to patients and their families when a cure is not possible.

To celebrate National Hospice Month, Good Shepherd Hospice held its bi-annual Tour of Homes to raise funds for equipment and furnishings for the hospice room at the Hendricks Hospital. The tour was on November 22 from 1 to 5 p.m.

Hendricks Community Hospital Association, along with Birk Funeral Home and the local clergy, also held its annual memorial service for families who had lost a loved one in the last year. This event took place in the Hendricks Hospital Chapel on November 14 at 3:00 p.m.



Good Shepherd Hospice Team: back row: Pastor Robert Neff, Hospice Chaplain, Kathy Weber, RN Hospice Manager and Dawn Popowski, Licensed Social Worker; front row: Gwen Meyer, Volunteer Coordinator and Dr. LeRoy Mueller, Medical Director.



Hospice volunteers, Lois Johnson, Gail Kvernmo, and Sharon Eidem, enjoying Aaron and Mary Rogness's beautifully decorated home.

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CT Services at HCHA

Computed tomography, commonly called a CAT scan, uses x-ray computers to create an image of a body much like a loaf of bread with the pictures being a slice. The unit installed at HCHA takes 16 slices, the more slices the more accurate and more complete the data you obtain. For a small rural facility, Hendricks Community Hospital is very fortunate to have this high level of technology on campus. CAT scans are used frequently for assessing traumatic injuries, chronic illnesses, identifying cancer or following cancer's progress. It is also used to measure bone density.

There is a "Wow!" factor during a tour of HCHA's radiology department. People are impressed by the array of services our small rural hospital offers. These include 24/7 emergency services.

The fact that the radiology department offers teleradiology means the hospital can consult specialists in various specialties of radiology. When x-rays are taken, they are electronically sent to a radiologist who reads the image and the results are returned within 24 hours. If there is an emergency, the image can be read and results returned usually in less than one hour. Our physicians are then able to make a quicker and more accurate diagnosis and as a result

implement better patient care. Technology continually improves components of imaging at an amazing rate. Computers and digital imaging are the future.



Jeff Moen noting a break in an ankle on the digital x-ray system, the Fujifilm CR.

Welcome, Carrie Gorham, RTT, to Hendricks Community Hospital!

Carrie Gorham has been hired as the new Radiology Tech at HCHA. She graduated from St. Anthony's School of Radiological Science in Denver, CO in 2007. For the past year, she has been employed at The Children's Hospital of Denver. Newlyweds, Carrie and her husband John, moved to this region so John could continue to pursue his degree in computer science at DSU in Madison, SD. Carrie interviewed and was offered positions both here and in Watertown, SD. When asked why she ultimately choose Hendricks, she stated, "I really sensed a welcoming atmosphere, not only within the facility, but we were also very impressed with the friendliness and caring we received from the community." Carrie also notes the wonderful professional opportunity she was presented by the hospital. She will be playing a key role in the implementation and running of the new CT lab. Carrie is very excited to begin providing service to the people of this community and is passionate about the importance of having access to high

quality diagnostic studies. Carrie, in her role as radiology tech, will operate the CT scan. The learning process will take some time; for every operation utilized, Carrie has to complete intensive training.

Carrie has really appreciated the help and support she has received from Stephanie Kauten from Marshall. Stephanie works here three days a week and does the mammograms.

In her free time, Carrie enjoys scrapbooking, reading, and has two pet birds, a parakeet and a cockatiel. She and her husband John enjoy music, movies, and going for long walks. When asked about the move to the area Carrie states, "It was pretty hectic, we got married, had the honeymoon, came back to Denver, loaded up the cars and moved to Hendricks without even seeing the home we were moving into. Carrie says it has been fun to go shopping to furnish and decorate the house. Carrie has also joined a girls softball team, the Erectors, and has become a member of the Relay for Life team, The Shining Stars. John is busy with school and has also taken a part-time job at Sioux River Bicycle and Fitness in Brookings.

When asked if she misses Denver she stated, "In the fast-paced life of a big city, you never felt you were getting ahead...here in this community I feel the American dream is still possible to achieve."

The hospital staff and community once again want to welcome Carrie and John Gorham to Hendricks!

**HCHA's new Radiology Tech,
Carrie Gorham**



Stephanie Kauten and Carrie Gorham.

Thank You Quilters

Good Shepherd Hospice would like to thank the Hendricks Hospital Quilters for their beautiful contribution to the hospice room. The ladies hand-quilted an elaborate wedding ring patterned quilt. Many hours of work went into this quilt and Good Shepherd Hospice appreciates the love and devotion that went into this gift. Thank you ladies!

The Hendricks Hospital Quilters: back row: Coralie Overby, Bernice Nelson, June Reed; front row: Jane Reinertson, Caroline Peterson, Margaret Hansen, and Lucille Anderson





FROM THE HENDRICKS CLINIC

Hendricks Clinic Investing in Technology for Patients with Diabetes

Hendricks Clinic now has available to its diabetic patients the Medtronic iPro CGM. CGM stands for continuous glucose monitoring; this gives the physician and the patients more meaningful insights to help guide diabetes therapy decisions. The iPro CGM records blood glucose readings every five minutes – up to 288 blood glucose measurements per day, nearly 100 times more information than the three daily finger stick measurements. “This type of monitoring system is especially beneficial for the patient with blood sugars that are difficult to manage,” states Kim McCoy, RN, Medtronic Diabetes Clinical Manager. The iPro CBM records while you work, play, and sleep. This gives you and your healthcare provider important information for improving your diabetes treatment. The information obtained helps answer some of the most common questions asked:

- “Are my levels going low at night?”
- “How did that pizza affect my glucose level?”
- “How often do I get lows and highs that I don’t know about?”
- “How well is my current therapy working?”
- “Do my basal rates need adjustment?”

The iPro CGM is not implanted. A tiny glucose sensor at the end of the recorder inserts under the skin in a painless process. Once it is inserted you go about your daily activities. The physicians will have you continue to take blood glucose readings as recommended and record daily events such as meals, insulin, and exercise in your log book. Blood glucose measurements are automatically collected and stored by the recorder. Once the testing is complete (four days), the Hendricks Clinic generates a personalized report that helps both you and

your doctor work together to fine-tune your therapy.

Visit with your Hendricks Clinic physician today about a therapy evaluation with the iPro CGM and get on the road to better blood glucose control!



Kim McCoy, RN, Diabetes Clinical Manager, shows the continuous glucose monitoring data. Seated next to her is Kelli Bauman Hendricks Clinic Provider Assistant.



As can be noted, the iPro CBM is as small as a quarter and can be worn discreetly under clothing.

FROM THE IVANHOE MEDICAL CLINIC

Featuring Women's Health and Pediatrics

The Ivanhoe Medical Clinic is pleased to have three women health care providers with special interests and strengths in women's health and pediatrics. Julie Cameron, CFNP, is at the Ivanhoe Medical Clinic on Mondays and Fridays. She specializes in comprehensive family planning and pediatrics. Dr. Donna McCluskey, DO, is available at the clinic on Wednesdays. Her area of interest lies in preventative immunizations, and with several cases of confirmed whooping cough, reminds everyone to make sure their children have received their 5th/6th grade boosters and adults to update their tetanus shot if it has been more than five years since you have received one. Deb Browning, CFNP, is at the clinic on Wednesdays. Her area of interest is in weight loss programming and promotion of pap smears for women. The Ivanhoe Medical Clinic is open daily, Monday through Friday, from 8 a.m. to 5 p.m.



Dr. Donna McCluskey, DO; Deb Browning, CFNP; and Julie Cameron, CFNP

FROM THE WHITE CLINIC

White Family Practice Clinic reminds everyone...

"Don't forget your flu shot!"

For the second consecutive year, Governor Rounds has announced that the state of SD will be offering free influenza vaccine to all children six months through 18 years of age.

Fast facts to consider:

- Approximately 1/5 of the US population attends or works in schools (US Dept of Ed, 1999).

- During the 2006-2007 flu season, 70% of South Dakota's confirmed influenza cases were children 0 to 19 years of age and 43% of flu-related hospitalizations were children 0 - 10-years-old.

- Some viruses and bacteria can live from 20 minutes to two hours or more on surfaces like cafeteria tables, doorknobs, and desks (An-

sari, 1988; Scott and Bloomfield, 1989).

- Over 70,000 children in SD were vaccinated last flu season.

- Children are the biggest spreaders of influenza to adults and other children.

- To prevent the spread of germs, children need to be reminded to cover their nose and mouth with a tissue or "sneeze in their sleeve" and to wash their hands.

For the first time, White Family

Practice Clinic scheduled the "INFLUENZA VACCINATION CLINIC" in conjunction with the Deubrook School system, Brookings Community Health, and the SDSU College of Nursing. On Monday, October 27 the White Family Practice Clinic gave immunizations at Deubrook High School in White.

Flu and pneumonia shots are offered for others at the White Clinic. As always, the fee for Medicare participants is waived.



Pictured discussing the risks and benefits of receiving a flu shot are: Cindy Troelstrup, Riley Jo Landmark, with her dad Mike Landmark, and Jo Gibson, CNP.

Spotlight on Citizenship at Hendricks Nursing Home

Each year Hendricks Nursing Home recognizes and celebrates residents' rights in the month of October. Long-term care is about people caring for people. One of our basic rights as a citizen is the right to vote. Two weeks before the primaries, Hendricks Nursing Home invited the three candidates running for county commissioner in Lincoln County to come and "Meet the Residents." All three candidates came and told a little about themselves, talked one-on-one with the residents and answered questions put to them by residents and tenants from the Lincoln Lane Villa. Both residents at Hendricks Nursing Home and tenants in Lincoln Lane Villa said they appreciated getting to know more about the candidates and would like to have more opportunities to get to know who is running for office before the November elections.

Staff worked hard to get both Mike Bredeck and Andrew Falk, who were running for the Minnesota State House of Representatives, on the November 4th election ballot, to visit the nursing home on October 15. This informational meeting was well received by nursing home residents, Lincoln Lane Villa tenants and the community. Both Mike Bredeck and Andrew Falk also had a chance to tour our facility and hear about concerns and issues from staff regarding health care in a rural setting.

The residents also exemplified good citizenship at the resident council meeting in September. The council elected to donate money to Pastor Neff and his ongoing missionary work in Haiti. Joyce Larson, a resident on the council, stated, "Pastor Neff does so much for everyone here in the nursing home, the least we can do to show our appreciation of him is to donate to this worthwhile cause."



Nursing Home resident Mae Dumke with County Commissioner Adam Gillund



Helen Reinertson, resident at Hendricks Nursing Home, with Minnesota State Representative Andrew Falk.



Joyce Larson presents a donation to Pastor Robert Neff.

Focus is on Pampering and Relaxation at Hendricks Nursing Home

The Hendricks Nursing Home residents can enjoy a whirlpool bath thanks to the generous donation from the Hendricks Hospital Auxiliary. The tub has a built-in lift that makes it safer for the resident and the caregiver alike. The room with the new tub is also getting a facelift with new wallpaper, paint and towels - all of the décor will be chosen by the residents themselves. The room will appear much more homelike and residents are looking forward to the new look! The hospital auxiliary also gave a donation to purchase new folding chairs and tables for the nursing home. Thank you, Hendricks Hospital Auxiliary, for your contributions for our residents!

Janice Mathison, one of the bath aides, states "Residents really enjoy the new whirlpool tub!"



Resident Profiles

Laura Nelson

August Resident of the Month



Laura was born on a farm near Hector, MN to Alfred and Bertha Fredrickson Johnson. She had one brother and two sisters. Laura graduated from Hector High School and went to work in a commercial café in Minneapolis in 1936. After a few years, Laura moved back to this area and managed cafés in both Elkton, SD and Pipestone, MN.

She met her future husband Orville “Rusty” Nelson when she was working in Elkton. They were married on November 23, 1940 at Christ Lutheran Church in Hendricks. Orville worked as a mechanic and they lived in Hendricks. Laura worked at Geneva Lindberg’s Café in Hendricks during the four years her husband served in the war and for five years after he came home. She then spent the next nine years working for Irene Johnson in her café. Laura also worked in the Lincoln County Public Health Department as a home health aide for ten years. She retired in 1979. Laura and Orville raised two children: a son Dennis, who gave his life for his country in Vietnam at the age of 23, and a daughter Sandy. Orville passed away in 1980. Laura continued to live in her own home until November 1, 2007 when she entered the Hendricks Nursing Home. Laura has been active in extension club, lady’s aide, and card club. She loves to crochet, has hand-stitched over 100 quilts, and continues to play Whist, Scrabble, and Rummikub.

Erwin Ronning

September Resident of the Month



Erwin Ronning wrote the following article when he learned he had been selected the September Resident of the Month. This honor is special for Erwin; he is the person who originally came up with the idea of having a resident of the month for the Hendricks Nursing Home.

Gary Hillerud was born on November 9, 1941 to Ollie and Christina Hillerud in Elkton, SD. On November 18, 1941 John Arnold “Shorty” and Anna Thoele Ronning adopted him. At this time, he became Erwin A. Ronning. Erwin spent most of his life in Hendricks. He was in the air force and has worked in Duluth, Minneapolis, and has worked in the used auto business in Hendricks for many years. He has had a kidney removed due to cancer. In his first year in the nursing home, he was bed-ridden and in a wheelchair. Through good therapy and good care he has come back a long way. Since he has been in the nursing home he has met many wonderful people. Erwin stays busy by stocking shelves, folding bibs, and delivering mail. He enjoys being with and visiting the other residents. Erwin also likes doing puzzles, listening to music, reading, and watching movies.

Mary Elizabeth Isfeld

October Resident of the Month



Mary Elizabeth Peters was born in Hartford, CT on March 7, 1919. Mary Elizabeth is an only child, and while her mother was teaching school her grandmother cared for her. Mary Elizabeth graduated from Albany, NY, High School. She then went to junior

college in Vermont where she majored in liberal arts.

Mary Elizabeth met her future husband Willard Isfeld while she was in Hartford. He had recently graduated from the University of MN and had moved to Hartford, CT to work at Pratt and Whitney as an aircraft engineer. On September 27, 1941, just before World War II broke out, they were married. Wil-

lard continued to work on airplane engines throughout WWII. Both of their girls, Karen and Joan, were born in Hartford. They moved back to the family farm near Ivanhoe, MN and Willard, as the only son, took over the family farm in 1947. Willard and Mary Elizabeth worked on the farm and raised their two girls. Mary Elizabeth loved her role as mother and wife. She was very active in their church, often volunteering to do the programs. She was involved in her daughters’ school activities and belonged to a study club. After Willard retired, they traveled and saw every state but Alaska. Mary Elizabeth is very grateful for this wonderful time they had together.

Mary Elizabeth entered the Hendricks Nursing Home on October 25, 2007. She continues to enjoy doing crossword puzzles, and reading autobiographies. Her daughters, Karen Richmond from Taunton, MN, and Joan Mahaffy from McAlister, OR, stay in close contact with their mother. She is blessed with five grandchildren and nine and half great-grandchildren.

Tenant Profile

Vincent Nuese

Vincent Nuese has lived at Lincoln Lane Villa, HCHA's congregate housing, for two years. Living at the villa has allowed Vincent to maintain his independence and an active lifestyle. His children also have the peace of mind knowing he is in a safe environment with other services readily available if and when needed.

Vincent was born in the Hendricks Hospital and has spent his entire life living and working in this community. He and his wife Lorraine Remerowski were married on September 23, 1952 and they lived on a farm just east of Hendricks. They raised eleven children, seven boys and four girls. Lorraine was a wonderful mother and schoolteacher. Vincent not only farmed but also raised cattle, hogs and chickens. He was also on the Hendricks Township Board for thirty years and on the FSA committee in Ivanhoe for eight years. Vincent and Lorraine were a popular couple, had many close friends, attended local dances and belonged to card clubs. Vincent and Lorraine continued to live on the farm until two years ago when Lorraine had some health problems and the couple decided to move into Lincoln Lane Villa for a temporary stay. The temporary stay became permanent when Lorraine died unexpectedly. Vincent was concerned about moving back to the farm because of the loneliness and isolation he would have felt without his wife being there. His children were also concerned about accidents; what if Dad would fall during the winter



Vincent ready for a trip downtown

months. How long before someone found him? They also understood Vincent's need to be around people.

Vincent has optimized the neighborhood setting at the Villa. He is very proud to be the official "coffee pourer" for the noon lunches that are served to all the tenants in the Villa dining room. He, along with three of his fellow tenants, play Pinochle every night of the week in the Villa dining room. Vincent also enjoys the home-like setting of his apartment. Knock on his door any morning of the week and you will be greeted by several voices calling "come on in!" Four of Vincent's sons continue to live and farm in the community and they stop by on a daily basis to have coffee with Vincent and visit with him about farming, upcoming family events and what is happening in the community.

Vincent no longer drives a car but because he has an enclosed golf cart and since the Villa is close to downtown Hendricks, he is able to continue to take part in afternoon card games at the Senior Dining Center. Vincent states, "It doesn't get too cold even in winter - it is such a short drive and the cart is warm from being in the garage." As Gary, Vincent's son, says, "Dad is just a retired farmer desperate to play cards."

Thanks to Lincoln Lane Villa, Vincent Nuese continues to maintain a very active, people-focused lifestyle. He and his children have been able to truly enjoy each other's company without the worries of safety or loneliness.



Vincent and four of his sons: Gary, Keith, Ron and Alan

Hendricks Memorial Healthcare Foundation

When looking up the word “heart” in the dictionary, a couple of the phrases one will find include: “The vital center of one’s being”; “the most important or central part”. The term “heart” can be used in many variations and in many situations. For the Hendricks Memorial Healthcare Foundation, the “heart”, the most important part, the vital center of existence, is composed of the numerous individuals generously contributing to the mission of HMHF.

The Hendricks Memorial Healthcare Foundation is a nonprofit tax exempt corporation, incorporated in 1994, established for the benefit and support of the communities served by the Hendricks Community Hospital Association. Its purpose is to receive charitable gifts and endowments to support the continuance of quality healthcare services available to those in need. Over the years, HMHF has been fortunate to have numerous individuals contribute towards this mission with memorials and charitable givings.

To date, HMHF has been able to accomplish great things. In 2000, HMHF sponsored a campaign to raise funds for a 1.5 million dollar building, updating and modernization project at Hendricks Community Hospital. This project constructed a new patient services area, including a new lab, x-ray facilities, mammography area, emergency area, OB suite, medical records area and a new waiting room/reception area. With this building project, HCHA was able to continue to provide the most modernized, up-to-date, quality services to its patients. The campaign and construction project was a “huge” success and at the “heart” of it all was HMHF’s dedicated and loyal donors.

In 2005, HMHF received a generous donation from Marble Lutheran Church to establish an educational loan payment program to help in the fight against the shortage of healthcare workers. The healthcare field has seen a significant shortage of well-trained healthcare

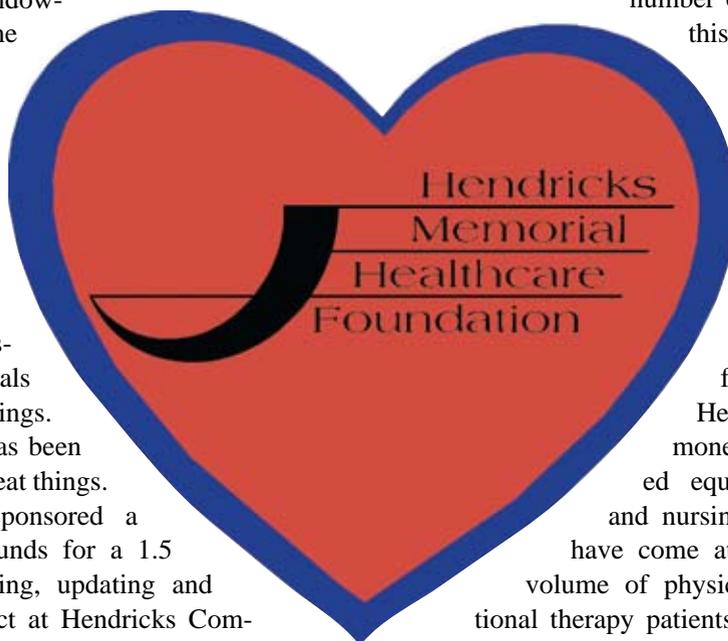
professionals and HMHF wanted to offer any possible incentives to keep and recruit these well-trained healthcare professionals at Hendricks Hospital Association. Marble Lutheran Church was able to give generously thanks to donations they received from Henry and Burmie Lindahl, and Carold Olson. Being inspired by Marble Lutheran Church, many other giving individuals came forward to follow suit in contributing generously towards the educational loan payment program. In 2007, the first recipients of the program were awarded, including Heidi Faehnrich, hospital RN; Jodi Ekern, health information manager; and Brenda Bauman, home health RN. At this time, HMHF is accepting new applications for the upcoming year. If more contributions continue to be received, HMHF will be able to increase the

number of recipients awarded for this year and years to come.

Just recently, HMHF was able to purchase much needed equipment for the ever-growing physical and occupational therapy departments, thanks in part to the generous donation received from the estate of Gladys Hexum. Gladys wished the money to be used for needed equipment in the hospital and nursing home, and it couldn’t have come at a better time with the volume of physical therapy and occupational therapy patients increasing dramatically.

These are just a few of the many accomplishments of HMHF, and as you can see, our donors are the heart of all our accomplishments. Past, present and future donors, have and will be, forever the heart of HMHF, helping HMHF to continue to strive towards its mission for years to come.

We hope each of you will become a part of the “heart” of HMHF through your memorials and donations. To learn more about HMHF, please feel free to contact Tammy Niehus at (507) 275-3134 or one of HMHF’s dedicated board members, listed below.



Walter Iverson
Paul Olson
Julie Hogie
Joan Pederson

Sharon Vettrus
Don Hubbard
Don Kruse

Charitable Gifting

At tax time, do you ask the following questions? “What could I have done differently?” “Just how much income tax am I paying each year?” “Isn’t there something I can do to reduce that annual gift to Uncle Sam?” If these are questions you ask at tax time, consider a charitable gift.

There are many charitable gifting options available to maximize one’s charitable gift; some strategies are simple, while others require the assistance of financial service, tax and legal professionals. Most individuals are unaware of the variety of avenues for making donations that could provide even greater benefits to the donor, as well as the organizations

they support. Charitable gifting may allow you to achieve a higher current income tax benefit, obtain estate tax deductions and/or give to a charity while providing for yourself and your heirs.

Charitable gift options may include:

- *Will or trust bequest*
- *Beneficiary designation gift*
- *Life insurance gift*
- *Investment gift*
- *Gift annuity*
- *Zero-estate-tax gift*
- *Traditional IRA gift*
- *Donor-advised fund*
- *Charitable remainder trust.*

Charitable gifting does require some forethought and planning, but certain

tax-wise strategies will help you either make year-end gifts or create a perpetual endowment that provides for your charitable organization for years to come.

There is an infinite number of charities and organizations out there, all fighting for your donation. When considering your gifting options, remember those organizations and charities that are important to you, your family, and your community. As the Hendricks Hospital and Hendricks Memorial Healthcare Foundation are a vital part of this community, we hope you will continue to remember the important part they play in your life.

Hendricks Memorial Healthcare Foundation Mission Statement

The Hendricks Memorial Healthcare Foundation is a nonprofit, tax-exempt corporation, established for the benefit and support of the communities served by the Hendricks Community Hospital Association. Its purpose is to receive charitable gifts and endowments to support the continuance of quality healthcare services available to those in need.

Hendricks Memorial Healthcare Foundation Memorials and Donations

Memory of Annice Hagen:

Rev. Curtis & Sonya Zieske

Memory of Agnes Johnson:

First Security Bank

Memory of Florence Midtaune:

Marietta Stegner

First Security Bank

David & Gaylyne Olson

Duane & Gladys Crowser

Clinton & Corrine Olson

Kenneth & Lois Johnson

Lillian Thompson

Bevelyn Olson

Luther & Sharon Eidem

Don & Beverly Kruse

Glen & Darlene Midtaune

David & Miriam Iverson

Mr. & Mrs. Darold Laabs

Walt & Sonja Iverson

Norma Siverson

Ron & Beverly Gillund

Ron & Sandy Bauman

Don & Sharon Vettrus

Eldon & Jean Lovro

Memory of Carold Johnson:

Ron & Beverly Gillund

Orlan & Lynette Sandro

Mr. & Mrs. Darold Laabs

Bevelyn Olson

Ron & Sandy Bauman

Eldon & Jean Lovro

Memory of LaVona Dokken:

First Security Bank

Virginia Sagmoe

Ron & Sandy Bauman

Memory of Sylvester Moen:

First Security Bank

Dale & Clarice Artz

Lyle & Kris Skorseth

Gail Kvernmo

Orlan & Lynette Sandro

Archie & Betty Buseth

Family & friends of Sylvester Moen

Memory of Hazel Hawks:

First Security Bank

Aaron & Mary Rogness

Myron & Loretta Hanson

Archie & Betty Buseth

Luther & Sharon Eidem

Ron & Beverly Gillund

Glen & Darlene Midtaune

Family & friends of Hazel Hawks

Eldon & Jean Lovro

Memory of Audrey Ramynke:

Walt & Sonja Iverson

Ron & Sandy Bauman

Memory of Ruth Giese:

First Security Bank

Memory of Elaine Elmore:

Allen & Ardis Ahre

Hendricks Community Hospital Donations

Hospice

Memory of Curtis Nelson:

David & Gaylyne Olson

Memory of Florence Midtaune:

Emery Hogie

Greg & Betty Durst

Archie & Betty Buseth

Gordon & Erlis Anderson

Tommy & Joan Krier

Donald & Margaret Erickson

Joyce Thompson

Vernice Engelstad

Darlene Larson

Dan & Lynette Anderson

Evelyn Iverson

Steve Engesmoe family

Dale & Clarice Artz

Vangie Axelsen

Richard & Mary Froiland

Sylvester & Leona Moe

Denise & Lois Dorn

Coralie Overby

Vernon & Dorothy Nelson

Lillian Peterson

Howard & Marlene Drake

Vincent Nuese

Irene Lovaas

Curt & Jeanine Coners

Don & Sheila Engelstad

Family & friends of Florence Midtaune

Neal & Janice Nelson

Don & Sheila Engelstad

Paul Ness

Memory of Carold Johnson:

Duane & Julie Hogie

Larry & Barb Fliss

Neal & Janice Nelson

Allen & Lavonne Dumke

Iva Jensen

Edward & Eveline Mitteness

Howard & Marlene Drake

Bevelyn Olson

Dale & Clarice Artz

David & Mary Hexem

Tommy & Joan Krier

Burt & Joan Pederson

Darlene Larson

June Reed

Steve Engesmoe Family

Tom & Lori Pederson

Vincent & Eloise Sik

Lois M. Olson

Virginia & Randy Erickson

Richard & Wanice Hoff

Stanley & Marie Gorecki

Donald & Margaret Erickson

Kenneth & Patty Buseth

Helen Jo Olson

Gary & Karen Zylstra

Memory of Darrel Ruhd:

Donald & Eileen Buller

Memory of Kent Pederson:

Adeline Midtaune

Memory of Agnes Johnson:

Marvin & Eleanor Mangels

Richard & Maxine Christianson

Inez Olsen

Lorraine Kurth

Bernice Kurth

Curtiss Stockwell

Family & friends of Agnes Johnson

Milton & Betty Johnson

Memory of Vernon Schroeder:

Gail Kvernmo

Vincent & Eloise Sik

Steve Engesmoe Family

Daniel & Joanne Christianson

Roger Ningen

Memory of Lavona Dokken:

Emery Hogie

Duane & Julie Hogie

Tommy & Joan Krier

Memory of Sylvester Moen:

Ron & Beverly Gillund

Neal & Janice Nelson

Milton & Betty Johnson

Family & friends of Sylvester Moen

Burt & Joan Pederson

Steve Engesmoe Family

Kenneth & Lois Johnson

Daniel & Joanne Christianson

Tommy & Joan Krier

Kenneth & Patty Buseth

Virginia & Randy Erickson

Lois M. Olson

Helen Jo Olson

Irene Lovejoy

Vincent & Eloise Sik

Robert & Doris Engen

Ron & Sandy Bauman

Memory of Hazel Hawks

Milton & Betty Johnson

Larry & Shirley Larson

Family & friends of Hazel Hawks

Stuart Webster

Virginia & Randy Erickson

Dan & Joan Nelson

James & Caroline Peterson

Oriette Dahl

Jeremy & Jody Hexum

Helen Jo Olson

Lois M Olson

Kenneth & Patty Buseth

Vincent & Eloise Sik

Tommy & Joan Krier

Daniel & Joanne Christianson

Bernice Kurth

Memory of Barb Madsen:

Jim Madsen

Clayton Bakke

Memory of Elaine Elmore:

Gail L Johnson

Dr. LeRoy & Gloria Mueller

Irene Lovaas

Tommy & Joan Krier

Robert Trandem & Barbara Olson

Chester & Kathleen Grube

Memory of Clara Johnson:

Clayton & Marilyn Ross

Memory of Arthur Hogie:

Duane & Julie Hogie

Emery Hogie

Memory of Dorothy Johnson:

Eldon Johnson

Keith & Marlys Clipper

Tom & Mary Beaumont

Nursing Home

Memory of Florence Midtaune:

Hazel Hawks

Memory of Jon Waugh:

Kenneth & Marcella Sommervold

Memory of Ryan Voeller:

Virginia Sagmoe

Friends & family of Ryan Voeller

Memory of Vernon Schroeder:

David & Gaylyne Olson

Stanley & Marie Gorecki

Memory of Joyce Stone:

Phil & Roberta Trooien

Memory of Lavona Dokken:

Robert, Jr. & Betty Johnson

Howard & Sonja Hanson

Family & friends of Lavona Dokken

Memory of Sylvester Moen:

Kermit & Mavis Kirkvold

Memory of Evelyn Pollock:

Darren & Angela Schumacher

Hospital/Home Health

Memory of Helen Wirth:

Duane & Julie Hogie

Memory of Lavona Dokken:

Lyle & Kris Skorseth

Lillian Thompson

Ambulance

Memory of Carold Johnson:

Arthur & Betty Anderson

Memory of Lavona Dokken:

Russ & Linda Pitzl

Memory of Sylvester Moen:

Russ & Linda Pitzl

Donald & Margaret Erickson

Arthur & Betty Anderson

Memory of Joyce Stone:

Kenneth & Marcella Sommervold

Memory of Elaine Elmore:

Sheryl Hanson

Activity Fund/Golf Cart Fund/Patio Fund

Memory of Sylvester Moen:

Mary Sik

Memory of Lavona Dokken:

Family & friends of Lavona Dokken

Memory of Elaine Elmore:

Chester & Kathleen Grube

Dr. LeRoy Mueller Scholarship Fund

Memory of Florence Midtaune:

Dr. LeRoy & Gloria Mueller

Memory of Carold Johnson:

Dr. LeRoy & Gloria Mueller

Memory of Sylvester Moen:

Dr. LeRoy & Gloria Mueller

Memory of Lavona Dokken:

Dr. LeRoy & Gloria Mueller

Memory of Agnes Johnson:

Dr. LeRoy & Gloria Mueller

Memory of Hazel Hawks:

Family & friends of Hazel Hawks

Dr. LeRoy & Gloria Muelelr

Lola Hindbjorgen

MESSAGE FROM THE ADMINISTRATOR

HCHA is a private non-profit organization owned by the community for the purpose of providing medical, surgical, and long term care to all who seek access to our facility. I am proud to be associated with this organization and extend an invitation to tour HCHA. See for yourself the great things that are happening and meet the caring, dedicated individuals who work here.

Your support may allow the facility to purchase a piece of equipment or add a staff member may one day be responsible for saving your life or mine. Hendricks Community Hospital Association is your local health and residential care provider and an essential service to our community. With the support you provide by using the facility's services, HCHA can continue to expand, hire, and train staff, and keep current with the rapid technology changes in health-care. 100% of the income earned or donated to HCHA is re-invested back into the future of our organization.

The nursing home, hospital, hospice and ambulance programs rely heavily upon the dedication of volunteers who provide support for our staff and services for our patients. Our hospital and foundation boards are comprised of community members who volunteer to provide governance and oversight for the facility. Thank you for your commitment to our facility.

As with many things today, the cost of health-care continues to rise. There are additional costs con-

nected to providing quality care for instance, upgrading equipment and buildings, meeting the challenge of ever-changing technology, paying salaries and continuing education. Also, some in our community cannot afford healthcare, adding another financial challenge to our facility.

Your commitment to utilize HCHA services, provide financial donations and volunteer efforts help us meet our goal to provide quality healthcare services to those in need.



Luther Eidem, Jeff Gollaher, Barb Olson, newest member to HCHA's governing board, and retiring board member, Phil Trooien.

Hendricks Community Hospital Association

Outreach Providers

Audiology Dr. Grace Berry
Cardiology Dr. Thomas Gaeckle
ENT Dr. Kenneth Rogotzke
Oncology Dr. David Elson
Orthopedics Dr. Jeffrey Kalo
Podiatry Dr. Michael DeBrule
Urology Dr. Marcos Pinto
Surgery Dr. Gaddum Reddy

Additional Services

- CT Scans
- MRI
- Ambulance Service
- Cardiac Rehab
- Dietary Consults
- Hospice
- Ultrasounds
- Optometry
- Speech Therapy
- Mammograms
- 24-hour Emergency Room
- Adult Day Care
- Chemotherapy
- Home Health
- Long Term Care
- Occupational Therapy
- Physical Therapy
- Diabetic Education

Appointments may be made by calling (507) 275-3134